Bosley St. Mary's CE Primary School
Leek Road
Bosley
Macclesfield
SK11 0NX
Headteacher: Ms R.A. Hadfield



Supplementary note: overviews of the scheme of work, with particular reference to RS, were shared with parents. Copyright laws prevent them from being distributed on the website.

Dear Parents and Carers,

Personal, Social, Health and Economic Education (PSHE) - Introducing Jigsaw

At Bosley St Mary's, we believe that helping children develop healthy relationships, understand themselves, respect others and make safe, informed choices is an essential part of their education. This is closely linked to our Christian vision of *Every Learner Flourishing* and our BEARS values.

We are pleased to share that we have introduced Jigsaw, a comprehensive PSHE programme which provides a carefully structured and progressive approach to children's personal development from the Early Years through to Year 6.

Why have we chosen Jigsaw?

We have chosen Jigsaw because it provides a consistent, age-appropriate approach to PSHE, with a strong emphasis on emotional wellbeing, healthy relationships, kindness, respect and personal safety. It supports our inclusive Christian ethos and helps children develop the confidence, resilience and understanding they need to flourish.

The programme is organised into six themes: *Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships* and *Changing Me*.

Relationship and Sex Education (RSE)

Relationship and Sex Education (RSE) is a statutory part of the primary curriculum, with updated Department for Education guidance coming into effect in September 2026. Through Jigsaw, children learn about friendships, families, physical and emotional wellbeing, personal safety, growing and changing, and how to develop positive relationships.

Learning is carefully matched to children's age and stage of development. At Bosley, our mixed-age classes follow a two-year rolling curriculum, but where particular content requires age-specific teaching, including puberty and aspects of relationships and sex education, children will be taught in their individual year groups or appropriate smaller groups.

Parents cannot withdraw their children from statutory Relationships Education or Health Education, including puberty. However, parents have the right to request withdrawal from non-statutory Sex Education lessons.

What will my child learn?

To help you understand the content of our curriculum, we have attached the Jigsaw Knowledge Organisers for the *Changing Me* unit for each year group, from Reception to Year 6. These provide an overview of the learning children will experience, including growing and changing, body awareness, puberty and, where appropriate, human reproduction. We hope these will help you understand how learning develops progressively as children move through school.

We have also attached Jigsaw's *Parents' Guide to RSHE in Primary Schools*, which explains the statutory requirements, the programme and parental rights in more detail.

Further information is available on our school website:

- PSHE curriculum: https://www.bosleyschool.co.uk/main/curriculum/subjects/pshe
- School policies: https://www.bosleyschool.co.uk/main/school-office/policies

Parental Consultation

We value our partnership with parents and carers and welcome your views on our approach to RSE. If you have any questions, concerns or feedback about the curriculum or the information provided, please contact the school office at admin@bosleyschool.co.uk.

Looking ahead

Before the summer term, we will write to parents again with information about the *Relationships* and *Changing Me* units, including the arrangements for teaching age-specific content and details of any non-statutory Sex Education lessons from which parents may request withdrawal.

Thank you for your continued support as we work together to help every child flourish.

Yours sincerely,

Rebecca Hadfield
Headteacher