PSHE Curriuclum Map t

Autumn	Spring	Summer
Being Me in My World	Dreams and Goals	Relationships
Celebrating Difference	Healthy Me	Changing Me

PSHE Curriculum Organisation

At Bosley St Mary's CE Primary School, we follow the Jigsaw PSHE programme, organised through a two-year rolling curriculum for Key Stages 1 and 2. The Early Years Foundation Stage follows the same age-appropriate programme annually.

Jigsaw is delivered through a whole-school approach, with all classes exploring the same Puzzle (unit of learning) and Piece (lesson) at the same time. This provides a consistent focus across the school, whilst ensuring that learning is appropriately differentiated to reflect pupils' ages, stages of development and individual needs.

PSHE is generally taught within mixed-age classes, using the rolling programme to ensure progressive coverage of knowledge, skills and vocabulary over time. Where particular content requires more age-specific teaching, such as puberty, relationships, sex education or drugs education, pupils are taught in separate year groups or smaller groups as appropriate.

This flexible approach ensures that all pupils receive an inclusive, progressive and age-appropriate PSHE curriculum, meeting statutory Relationships and Health Education requirements whilst reflecting the needs of our school community.

I can do all things through Him who strengthens me.
Philippians 4:13

PSHE: Blossom Class

Topic	Content
Being Me in My World	Who am I and how do I fit?
Celebrating Difference	Respect for similarity and difference. Anti-bullying and being unique.
Dreams and Goals	Aspirations, how to achieve goals and understanding the emotions that go with this.
Healthy Me	Being and keeping safe and healthy.
Relationships	Building positive, healthy relationships.
Changing Me	Coping positively with change.

Teaching follows the Jigsaw two-year rolling programme for mixed-age classes. Specific content may be adapted or taught separately to ensure age-appropriate progression and statutory RSHE coverage.

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PSHE: Willow Class

Topic	Year A	Year B
Being Me in My World	1. Special and safe; 2. My class; 3. Rights and responsibilities; 4. Rewards and feeling proud; 5. Consequences; 6. Owning our learning charter	1. Hopes and fears for the year; 2. Rights and responsibilities; 3. Rewards and consequences; 4. Rewards and consequences; 5. Our learning charter; 6. Owning our learning charter
Celebrating Difference	1. The same as...; 2. Different from...; 3. What is bullying?; 4. What do I do about bullying?; 5. Making new friends; 6. Celebrating difference; celebrating me	1. Assumptions; 2. Stereotypes; 3. Why does bullying happen?; 4. Standing up for myself and others; 5. We're all different; 6. Celebrating difference and still being friends
Dreams and Goals	1. My treasure chest of success; 2. My learning strengths; 3. Learning with others; 4. Achieving together: dream wellies; 5. Stretchy learning: stretchy flowers; 6. Celebrating my success	1. Goals to success; 2. Steps to goals; 3. Overcoming obstacles; 4. Group challenge: dream birds; 5. Being relaxed; 6. Celebrating our achievement
Healthy Me	1. Being healthy; 2. Healthy choices; 3. Clean and healthy; 4. Safe outside; 5. Medicine safety; 6. Happy healthy me! (Food theme)	1. Healthy eating; 2. Healthy eating; 3. Keeping safe at home; 4. Medicine safety; 5. Road safety; 6. Happy, healthy me! (Ways of keeping healthy)
Relationships	1. Families; 2. Making friends; 3. Greetings; 4. Secrets; 5. Trust and appreciation; 6. Celebrating my special relationships	1. Families; 2. Keeping safe - exploring physical contact; 3. Friends and conflict; 4. People who help us; 5. Being my own best friend; 6. Celebrating my special relationships
Changing Me	1. Life cycles; 2. Changing me; 3. My changing body; 4. Boys' and girls' bodies; 5. Assertiveness; 6. Looking ahead	1. Life cycles in nature; 2. Growing from young to old; 3. The changing me; 4. Boys' and girls' bodies; 5. Learning and growing; 6. Coping with changes

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PSHE: Hazel Class



Topic	Year A	Year B
Being Me in My World	1. Getting to know each other; 2. Our nightmare school; 3. Our dream school; 4. Rewards and consequences; 5. Our learning charter; 6. Owning our learning charter	1. Becoming a class team; 2. Being a school citizen; 3. Rights, responsibilities and democracy; 4. Rewards and consequences; 5. Our learning charter; 6. Owning our learning charter
Celebrating Difference	1. Witness and feelings; 2. Witness and solutions; 3. Understanding bullying; 4. Problem solving; 5. Words that harm; 6. Celebrating difference compliments	1. Families; 2. Family conflict; 3. Judging by appearances; 4. Understanding influences; 5. Special me; 6. Celebrating difference: how we look
Dreams and Goals	1. Broken dreams; 2. Overcoming disappointment; 3. Feeling safe helps me grow; 4. Choices that help me grow; 5. Our new challenge: overcoming obstacles; 6. Celebrating my learning	1. Dreams and goals; 2. My dreams and ambitions; 3. Hopes and dreams; 4. Creating new dreams; 5. Achieving goals: potato people; 6. We did it!
Healthy Me	1. Being fit and healthy; 2. Food and energy; 3. What do I know about drugs?; 4. Smoking and vaping; 5. Alcohol; 6. My amazing body! (Food theme)	1. My friends and me; 2. Staying safe with friends; 3. Being safe and getting help; 4. Safe or unsafe; 5. Healthy friendships; 6. Celebrating my inner strength and assertiveness
Relationships	1. Family roles and responsibilities; 2. Friendship; 3. Global connections and thinking critically; 4. Getting on and falling out; 5. Girlfriends and boyfriends; 6. Celebrating my relationships	1. Jealousy; 2. Love and loss; 3. Memories; 4. Rights, needs and wellbeing; 5. Being a global citizen; 6. Celebrating my web of relationships
Changing Me	1. How babies grow; 2. Outside body changes; 3. Inside body changes; 4. Circles of change; 5. Accepting change; 6. Looking ahead	1. Unique me; 2. Puberty and menstruation; 3. Keeping ourselves clean; 4. Being part of a family; 5. Family stereotypes; 6. Looking ahead

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PSHE: Oak Class

Topic	Year A	Year B
Being Me in My World	1. My year ahead; 2. Being a citizen of my country; 3. Responsibilities; 4. The learning charter; 5. Our learning charter; 6. Owning our learning charter	1. My year ahead; 2. Being a global citizen 1; 3. Being a global citizen 2; 4. Rewards and consequences; 5. Our learning charter; 6. Owning our learning charter
Celebrating Difference	1. Different cultures; 2. Racism; 3. Rumours and name-calling; 4. Types of bullying; 5. Does money matter?; 6. Celebrating difference across the world	1. Am I normal?; 2. Understanding difference/gender identity; 3. Power struggles; 4. Why bully?; 5. Celebrating difference; 6. Celebrating difference
Dreams and Goals	1. When I grow up (my dream lifestyle); 2. Keeping track of money; 3. My dream job: why I want it and the steps to get there; 4. Helping to make a difference; 5. Helping to make a difference; 6. Recognising our achievements	1. Personal learning goals; 2. Steps to success; 3. My dream for the world; 4. Dreams and goals of young people in other cultures; 5. How can we support each other?; 6. Rallying support
Healthy Me	1. Smoking and vaping; 2. Alcohol; 3. Emergency aid; 4. Body image; 5. My relationship with food; 6. Healthy me (debate)	1. Taking responsibility for my health and wellbeing; 2. Drugs; 3. Exploitation; 4. Gangs; 5. Emotional and mental health; 6. Managing stress and pressure
Relationships	1. Recognising me; 2. Safety with online communities; 3. Being in an online community; 4. Power and control; 5. Being online. Real or fake? Safe unsafe?; 6. Using technology responsibly	1. What is mental health?; 2. My mental health; 3. Love and loss; 4. Online gaming; 5. My relationship with technology: screen time; 6. Relationships and technology
Changing Me	1. My self image; 2. Puberty; 3. Conception; 4. Babies: conception to birth; 5. Real self and ideal self; 6. The year ahead	1. Self image and body image; 2. Puberty for girls; 3. Puberty for boys; 4. Boyfriends and girlfriends; 5. Looking ahead 1; 6. Looking ahead 2

Teaching follows a two-year rolling programme, with additional age-specific provision where appropriate. Puberty and sex education lessons are carefully planned, with separate teaching for year groups where necessary. Year 6 pupils receive appropriate preparation for secondary school and complete their statutory primary Relationships and Health Education entitlement.

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